



Cindy Ashton Biography

“My first movie featured five naked people in towels, a parrot in a scoop of sour cream, and me, fully clothed...”

Expect the unexpected when Cindy Ashton takes the stage! She blends comedic tales, songs and uplifting stories with elite level presentation strategies to teach clients to connect emotionally with prospects, team members or audiences and influence them to action.

Canadian born, Cindy lives in the United States under a green card for a person of “extraordinary ability” and is considered to be in the top one percent in her field of training, speaking, and performing. She is an authority on presentation skills, speaking voice, body language, content delivery, and leadership presence.

With 10 years of opera training and 20 years in musical theatre (and studies with Second City, Randolph Academy for the Performing Arts, Royal Conservatory of Music, and Livent of Canada) Cindy teaches clients to magnetize audiences using an entertainer’s confidence, captivating stories and vocal delivery.

Cindy’s honors BA in music and kinesiology (specialization in relaxation therapy) from York University, and chronic pain from several heart surgeries, have taught her where stress sits in the body. She shows clients where their stress is, how it’s affecting their performance, and how to release it to avoid alienating listeners.

Vivacious and unstoppable, Cindy has toured North America giving thousands of keynote speeches, trainings and seminars in sectors from education to corporate, and wellness to small business. She has spoken at the University of Toronto, Princess Margaret Hospital, Orange Coast College, MetLife and many more.

Cindy is the CEO of Speaker Stardom Booking Agency, a professional speaker, singer, and national TV host of “Cindy Uncorked!” on e360 TV. She has received awards from former president Obama and Queen Elizabeth II for her lifetime of volunteerism, and has appeared in the Times, Metro News, Investment News, and Inc. Magazine.

Cindy Ashton International

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